

Clarification on the use of the meditation lamp Lucia N°03 Home Portal

Assigned Purpose

This device serves the purpose of hypnagogic light experience and may only be in use by following the security advices. The manufacturer is not liable for any damage or harm that is caused by misappropriate use.

The safety instructions are listed here for the purpose of information / education before purchase. They can be found in the printed manual (what will be delivered with the device) or online at www.light-attendance.eu in the menu „Lucia N°03 Home Portal“ at „PIN-Manage“ once you have your device. Read the safety instructions carefully and advice others who will have access to Lucia N°03 Home Portal, especially the ones who will accompany you on light trips.

Who can use this meditation lamp?

- Individuals that have reached 18 years of age.
- Individuals that are not excluded. Please note therefore the list „reasons for exclusions“.
- Individuals who are in good physical and mental health.

General Terms

- The device is a meditation lamp.
- The device is not approved as medical equipment.
- The device is intended for use by human beings.
- The device is designed for individual use.
- The device induces the hypnagogic light experience. This is a state of consciousness between being asleep and being awake. Solid and flickering light guide the user into an expanded state of consciousness, similar to meditation.

Changed perception of consciousness

The meditation lamp Lucia N°03 Home Portal uses solid and flickering light to guide the user quickly into a state of changed perception of consciousness. Human beings have used this expanded state of consciousness from flashing light (such as from watching a fire) since the beginning of time to „journey into ones inner self“, for relaxation and to perceive unexpected beauty or to activate self-healing powers.

There is a risk that the user can dive into a deep trance and - similar to being in a deem state - react differently than usual or respond differently to people. Please note this is a temporary state of consciousness shift. Also be sure to explain this to all the people present at the time of using the device.

Reasons for exclusion

You are informed about possible risks hereby and, if applicable, during the sales talk or through information on www.light-attendance.eu before buying the device. Please read carefully each step and keep it in mind while using our product. If you are not sure, please ask your dealer.

Individuals under 18 years of age

Please make sure, that a person under the age of 18 does not use this device. Reason: The brain of minors and juveniles are in different stages of development. In some stages of development the brain is in greater readiness to release an epileptic seizure

Pregnant women

Pregnant women are excluded from the usage, because there are no medical statements how this would affect an unborn child.

Individuals with stroboscope incompatibility

Please make sure that if you or another person suffers from stroboscope incompatibility, or tend to have epilepsy, they do not use this device. The single sessions (light sequences) are programmed, that an intense flickering light is caused, which can result to an epileptic seizure.

Persons with mental illnesses

This device is not designed to be used for people dealing with psychosis, psychotic breaks, extreme anxiety disorders. The light could intensify their experience resulting in less than favorable results. If someone has any doubt about using the Lucia N°03, please refer them to their physician to discuss.

Consumption of alcohol, other drugs and medication

Being in a state of consciousness based on consuming alcohol or other drugs, do not use this device. The impact could be reinforced and could lead to uncontrolled reaction. If you take medication, please consult your doctor before using this device.

Sleep deprivation

If you suffer from sleep deprivation, you are in a different stage of consciousness than usual. Do not use this device in that case.

Attention!

Only use this device, if you are in a good physical and mental condition. If you let a third party use this device, then make sure he/she is using it by his or her own choice. Never force the usage on anybody. Give the user all necessary information for possible risks. Make sure, the person has no reasons of exclusions. Make the person sign a waiver before starting the session.

First time epileptic seizure

Even if you have never experienced an epileptic seizure before, there is a small possibility you could still have one. The possibility of a sudden seizure is rare, but it cannot be ruled out.

Even if you have never experienced an epileptic seizure before, there is a small possibility you could still have one. The possibility of a sudden seizure is rare, but it cannot be ruled out. Basically, an epileptic seizure can be evoked due to different events in daily life. However, the use of flickering light increases the risk of a first-time epileptic seizure. Get further information from you doctor.

Warning!

Use this device only if there is a person around that could provide assistance and help if needed. Make sure this person does not have any reasons of exclusions and was informed about any risks using this device. Instruct this person on what to do in a case of an emergency (see also Emergency procedure).

Convulsions

In rare cases there is a possibility, that in deep state of trance caused of pulsed light, unexpected convulsions can be induced. Convulsions are cramps, shown as shaking and twitchy movements particularly of the limbs or the whole body. Cramps can be slight or severe. It could be that a person in this stage is not responsive.

Flashbacks

In rare cases there is a possibility of flashbacks especially in connection with pulsed light in deep state of trance. Get further information from you doctor. A flashback is a psychological phenomenon. This is a matter of re-experiencing and flashback caused by a key stimulus. The affected person has then a sudden and powerful re-experience of a past experience or a former emotional condition.

Safety precautions

The following security mechanisms should enable the safe use of the device. Technical safety mechanisms have been installed which can be implemented and made sensible according to the state of the art. According to current knowledge of science, an epileptic seizure (or similar) can not be predicted and is thus to be regarded as a very small but nevertheless existing risk.

The following safety mechanisms

have been implemented / recommended and are explained in the operating instructions:

- Security Code – 4-digit PIN
- Storage case with a combination lock
- Shock Detector
- Stop function of the remote (mouse)
- Disconnecting Power Adapter
- Assisting person nearby
- Emergency plan
- Emergency procedure

For any question please contact: office@light-attendance.eu or +43 512 934921